

INSTRUCTIONS

1 twist

Bring to room temperature before use.

Remove cap and twist handle several times until gel appears on brush.

2 smile

Smile wide and apply gel onto exposed teeth, avoiding your gums and lips (you may need to draw more gel from the pen as you go). Hold your smile for 60 seconds.

3 rinse

Relax your smile and wait 5 minutes, then rinse with water. Do not eat or drink anything except water for 1 hour. **Refrigerate gel for long term storage.**

